



Rehabilitation: (rē'hə-bīl'ī-tā-sh'ən) n. *To restore to former excellence.*

EQUINEREHABSERVICES.COM

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WHAT CAN EQUINE PHYSICAL THERAPY DO FOR MY INJURED (OR NON-INJURED) HORSE?

Most of us think of Physical Therapy (PT) in terms of humans who are recovering from injuries or illnesses. However, our equine friends are often candidates for various treatments to aid recoveries as well, and can benefit from the similar approaches used for humans. Equine physical therapy is a growing field, providing noninvasive treatments to promote healing, decrease pain and return to function.

On **Thursday, February 10th, at 7:30PM**, Jennifer Brooks, PT, MEd., a certified equine physical therapist, will present a program for the Pepperell Horse Owners Association (PHOA) at the Pepperell Community Center, located **at the Route 113 rotary in Pepperell.**

Using visual aids and case histories, she will discuss common injuries and conditions, and treatments that can speed recovery time and return the horse to usefulness much more quickly. **There are new cutting edge technologies (iontophoresis, phonophoresis, lymphodema treatments, stifle protocol, and core strengthening)**, unavailable just a few years ago, that can now be utilized with great success, for the backyard horse as well as the elite race horse, dressage, combined training, hunter/ jumper, endurance, and show horse. Acupuncture, chiropractic and massage is often used as well, and can be combined with other therapies. Jennifer has her own clinic, Equine Rehabilitation Services LLC, in Brookline, New Hampshire. She would welcome questions in advance: if you or someone you

Jennifer will be speaking on **equine PT techniques and methods for restoring your horse to soundness** on Thursday, February 10th, at 7:30PM. [See details.](#)

Jennifer Brooks, PT, of Equine Rehabilitation Services, LLC, providing Physical Therapy treatment of manual therapy, massage, modalities, therapeutic exercise, and much more, promoting your horse's faster return to performance.



know has a horse with a particular problem that you would like to see addressed, she can be contacted prior to the meeting at jenequinept@charter.net. For more information about equine PT, check her website at EquineRehabServices.com.

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